



Physical Therapy
Pilates
Gyrotonic®

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2010 Continuing Education Workshops

FOR QUESTIONS REGARDING ALL WORKSHOPS please contact educationinfo@coreconditioningpt.com

- Jan 8-10 2010 **PILATES TEACHER TRAINING MODULE: Special Conditions** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- Jan 29-31 2010 **PILATES TEACHER TRAINING MODULE: Reformer 3** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- Jan 31st 2010 **PILATES FOR CHILDREN** at Core Conditioning, Burbank, CA
Please visit www.californiaeducationconnection.com for registration.
- Feb 12-14 2010 **PILATES TEACHER TRAINING MODULE: Mastering the Art of Pilates Program Design**
at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- Feb 26-28 2010 **PILATES ON TOUR:** at Mercury Fitness High Performance Pilates Center, San Francisco, CA
Please visit www.pilatesontour.com for registration.
- Feb 28th 2010 **COMPREHENSIVE PILATES PREPARATION & FUNDAMENTAL ANATOMY**
at Core Conditioning, Studio City, CA
Please visit www.californiaeducationconnection.com for registration.
- Mar 12-14 2010 **PILATES TEACHER TRAINING MODULE: Mat 1** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- Mar 20-21 2010 **PRE-NATAL & POST-PARTUM PILATES** at Core Conditioning, Burbank, CA
Please visit www.californiaeducationconnection.com for registration.
- Mar 20-21 2010 **CEC WORKSHOP T.B.D.** San Fransisco CA
Please visit www.californiaeducationconnection.com for registration.
- Apr 3rd 2010 **PILATES ARC ON THE ROAD** at Core Conditioning, Studio City, CA
Please visit <http://bbupilates.com> for registration.
- Apr 5-6 2010 **PILATES ON TOUR REHAB SUMMIT: Reformer 1 For Rehabilitation Professionals**
at The Marriott Buttes, Tempe, AZ
Please visit www.pilatesontour.com for registration.
- Apr 7-8 2010 **PILATES ON TOUR REHAB SUMMIT: Reformer 2 For Rehabilitation Professionals**
at The Marriott Buttes, Tempe, AZ
Please visit www.pilatesontour.com for registration.

- Apr 10th 2010 **PILATES ON TOUR REHAB SUMMIT: Pilates for Children** at The Marriott Buttes, Tempe, AZ
Please visit www.pilatesontour.com for registration.
- Apr 11th 2010 **PILATES ON TOUR REHAB SUMMIT: Pilates for Gait** at The Marriott Buttes, Tempe, AZ
Please visit www.pilatesontour.com for registration.
- Apr 16-18 2010 **PILATES TEACHER TRAINING MODULE: Reformer 1** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- May 1st 2010 **RING AROUND THE WORLD/ RESIST & REFORM WITH ELASTIC BANDS**
at Core Conditioning, Studio City, CA
Please visit <http://bbupilates.com> for registration.
- May 2nd 2010 **SMALL BALL MAGIC/ ROLLING FOR LENGTH, ROLLING FOR STRENGTH**
at Core Conditioning, Studio City, CA
Please visit <http://bbupilates.com> for registration.
- May 2nd 2010 **PILATES REFORMER APPLICATIONS** at Core Conditioning, Burbank, CA
Please visit www.californiaeducationconnection.com for registration.
- May 14-16 2010 **PILATES TEACHER TRAINING MODULE: Mat 2** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- May 15-16 2010 **PILATES FOR THE PRE-NATAL & POST-PARTUM CLIENT** at Awaken Pilates, Minneapolis, MN
Please visit www.coreconditioningpt.com or www.awakenpilates.com for more information.
- Jun 11-13 2010 **PILATES TEACHER TRAINING MODULE: Reformer 2** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- Jun 26-27 2010 **INTEGRATING PILATES FOR THE STABILIZATION OF THE PELVIS, SPINE, & UPPER QUADRANT**
at TBD, AZ
Please visit www.californiaeducationconnection.com for registration.
- Jul 30th-Aug 1st **PILATES TEACHER TRAINING MODULE: Reformer 3** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- Aug 15th 2010 **PILATES SPRINGBOARD APPLICATIONS** at Core Conditioning, Burbank, CA
Please visit www.californiaeducationconnection.com for registration.
- Aug 20-22 2010 **PILATES TEACHER TRAINING MODULE: Mat 1** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- Sep 11-12 2010 **INTEGRATING PILATES FOR THE STABILIZATION OF THE PELVIS, SPINE, AND UPPER QUADRANT**
at Core Conditioning, Burbank, CA
Please visit www.californiaeducationconnection.com for registration.
- Sep 17-19 2010 **PILATES TEACHER TRAINING MODULE: Reformer 1** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- Oct 8-10 2010 **PILATES TEACHER TRAINING MODULE: Mat 2** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- Oct 29-31 2010 **PILATES TEACHER TRAINING MODULE: Reformer 2** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.
- Nov 4-7 2010 **PILATES METHOD ALLIANCE CONFERENCE: Pilates Applications for Pelvic Floor Dysfunction**

at The Hyatt Regency, Long Beach, CA
Please visit www.pilatesmethodalliance.org information and registration.

Nov 19-21 2010 **PILATES TEACHER TRAINING MODULE: Trapeze Table** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.

Dec 4-5 2010 **CEC WORKSHOP T.B.D.** at Core Conditioning, Burbank, CA
Please visit www.californiaeducationconnection.com for registration.

Dec 10-12 2010 **PILATES TEACHER TRAINING MODULE: Reformer 3** at Core Conditioning, Studio City, CA
Please visit www.coreconditioningpt.com or <http://bbupilates.com> for more information.

Mar 2010 – Feb.2011 **PILATES TEACHER TRAINING COMPREHENSIVE COURSE**, Core Conditioning, Studio City, CA
* Includes the following modules which can also be taken individually:
**Mat I & II; Reformer I, II, & III; Trapeze Table; Chair & Barrels; Special Conditions;
and Mastering the Art of Pilates Program Design**
Please visit www.coreconditioningpt.com or www.bbupilates.com for more information.

Visit www.coreconditioningpt.com for more courses and schedule updates!

*NOTE: The above schedule is subject to change based on number of attendees
and/or availability of instructors and locations.*



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