

TELEPICTURES

Productions Inc.



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Core Conditioning
12930 Ventura Blvd.
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To Whom It May Concern:

I had a very involved and complicated rotator cuff surgery in March of this year. I chose Core Conditioning for my rehabilitation after consulting with several different facilities. It was immediately clear that Core had highly skilled physical therapists, trainers and a premier facility. The therapists are very knowledgeable, have impeccable credentials and are very compassionate. Core Conditioning has great facilities and state of the art equipment.

I began physical therapy before my surgery to aid in my recovery time, based on my therapist's evaluation. Just four weeks after my surgery, my shoulder strength and range of motion improved dramatically. My surgeon, Dr Lewis Yocum, was extremely pleased and impressed with my progress. In the following weeks, I have continued to show steady improvement and have even resumed normal activities. This would not have been possible without the care, attention to detail and expertise of my therapist and Core Conditioning. They combine traditional modalities with a modern, full body approach, which utilizes Pilates, stretching and core stabilization.

I would highly recommend Cor Conditioning to any person who requires physical therapy. Additionally, anyone seeking to improve their quality of life and fitness should utilize Core's excellent exercise programs and trainers.

Sincerely,

Chris J Circosta
Vice President of Production